

Play with a Purpose

Episode 1: You Are Every Good Thing

Grown-Up Guide

Book/Material

I Am Every Good Thing by Derrick Barnes, illustrated by Gordon C. James

Concepts

Self-worth; brainstorming; stream of consciousness

Words to Know:

Affirmation; metaphor

Main Activity

After watching Amy read the book, students will make their own list of what is good about them as individuals, using author's writing style as inspiration.

Follow Up/ Extension

1. Students may make a "picture book", creating an illustration for each thing they listed that is good about themselves, and title it *Every Good Thing About Me*.
2. Read another book by the same author/illustrator team. (see example on next page) and talk about how the pictures and words are similar.



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Additional Resources

1. In-depth study guide for parents and educators
<https://storage.googleapis.com/.../88490d05-i-am-every...>
2. Video of actor reading the book *Crowns: A Fresh Cut*, by the same author and illustrator <https://youtu.be/B1yCg2PdeEA>
3. *Just Like Me* by Vanessa Brantley-Newton; ISBN 9780525582090 (this is a book written in a similar style, focused on girls)

Video Link:

<https://www.youtube.com/watch?v=yQCtJnzeZ9Y>



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